

# Information about Day Programs Closing in Plain Language

## What is Coronavirus?

Coronavirus is an illness spreading around the world. Sometimes, it is called COVID-19.



## How do you get it?

It is spread by someone giving you their germs by coughing and sneezing. These germs get into your body through your mouth, nose, and eyes.



## Why are day programs closing?

Because the germs are spreading, rules have been made that groups of people need to stay away from one another. That will help keep everyone healthy.

This means you have to stay home.

No one is sure how long day programs will be closed.

Programs will open when it is safe.



## What can I do?

While you are home, you can: watch TV, play games, do hobbies you enjoy, and take walks. Remember to stay 6 feet away from people you pass on your walk.



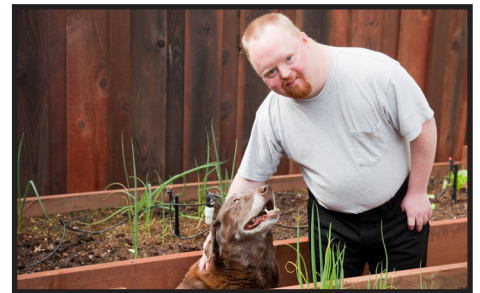
## What if I need something?

If you need a staff person to come to your house and help while your day program is closed, call your Service and Support Administrator, also called an SSA.



## Make time to call your SSA.

You can still have a meaningful day and work toward your goals. Make a time to talk to your SSA on the phone about the best things for you to do at home.



## It is going to be OK.

These changes may be hard now, but everything will be OK.

